

## **Director of Coaching / Director of Youth Teams Report – December 2<sup>nd</sup>, 2017**

- 2017 has come to a successful conclusion. We had 3 teams promoted to CSL ie. U13B, U13G and U14B and one team promoted to OYSL ie. U17G. Next season, we will have four teams in CSL:
  1. U14B
  2. U14G
  3. U15B
  4. U15G

The encouraging part is that these are all the younger teams of our competitive teams, indicating that LTPD is working at PCSA.

- We are also in the process of building a case for our U16B to be promoted to CSL next season. Team finished 13-2 with a +92 goal differential but only one team for the league was selected. U18B may also end up in CSL as DRSL has traditionally not had a U18B division. Therefore, we potentially may have 7 of our 10 teams eligible for CSL or higher playing at this level.
- We also had a very successful season with our Development teams. Our numbers were strong and participation rate was high throughout the season. Our Development coaches did an amazing job keeping the kids engaged, interested and the “FUN” factor was evident throughout games and practices.
- We did have some challenges with field conditions early in the season. Snow in early April affected training at Fleming and record breaking rainfall in early May affected outdoor training on grass fields, particularly Beavermead. We are investigating the possibility of staggering our outdoor season by 2 weeks this coming Spring to prevent this from happening this season.
- PCSA had 5 coaches attend the OSA summit in March. This was a great learning experience for all and we will once again extend an offer to our coaches to attend the 2018 Conference in March.
- PCSA hosted Learn to Train and Soccer For Life courses in early April of 2017. Both courses were well attended and we will once again host both courses in early 2018 (dates to follow).
- We have re-structured our Academy this past season. Our Academy Lead Gergin Naoumov and Franco Turnone have created 2 separate streams (ie. Competitive and Development). Competitive train 3 times per week rather than twice per week last season but we managed to keep the cost to participate at the same rate as last season, and thus have created more value for our participants. The Development stream trains

twice per week at a reduced cost. Combined we have 65 participants during this transitional year. We expect growth this coming season as we will be able to promote earlier.

- PCSA has hired a Senior Technical Lead this past year. Our Technical Lead leads the Technical Coaches to help develop and strengthen our teams. The Technical Lead will attend games during the upcoming season to help determine where individual teams may require technical help and guide the Technical coaches accordingly. Other roles will include but not limited to, scouting and potential recruiting from our houseleague teams.
- Our Senior Men's Team finished first in their division this past season however were penalized 2 games for using an illegal player. The coaching staff was acquitted of any wrong doing and the player was suspended by OSA for 6 months however this did not change the fact that our team used an illegal player and thus we finished in 3<sup>rd</sup> place rather than first after the loss of 6 points. Overall, we had a very good season on the field.
- We will be implementing a Strength and Conditioning program lead by our Technical Coach Rianna Poskin starting in January. This program will be for all players in our club with the goal of preventing unnecessary injury which typically may occur at the beginning of a season.
- We will also be presenting and rolling out our PCSA PRIDE program to all families starting in the New Year. This program is meant to communicate the type of culture we would like to create within our club which is best lead by our coaches and parents.