 **PCSA Participant’s Agreement**

(To be used by players under the age of 18)

Name of Participant: Age of Participant:

# ALL PROGRAMS AND ACTIVITIES HAS ITS RISKS

I participate in the game of soccer because it is physically and mentally challenging. In consideration of my participation in such programs, activities and events, I hereby acknowledge that I am aware of the risks and hazards associated with or related to this activity. The risks and hazards include, but are not limited to:

* Injuries from executing strenuous and demanding physical techniques in soccer;
* Injuries from dryland training including weights, running and massage;
* Injuries from grass, turf and other surfaces including bacterial infections and rashes
* Injuries from collisions with walls and soccer equipment
* Injuries resulting from failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment
* Spinal cord injuries which may render me permanently paralyzed
* Injuries from extreme weather conditions which may result in heatstroke, sunstroke or hypothermia
* Injuries from contact, colliding or being struck by other participants, spectators, equipment or vehicles
* Injuries resulting from vigorous physical exertion and strenuous cardiovascular workouts
* Injuries from exerting and stretching various muscle groups; and
* Travel to and from competitive events and associated non-competitive events which are an integral part of the organization’s activities.

Furthermore, I am aware:

* That injuries sustained in soccer can be severe;
* That I may experience anxiety while challenging myself during the activities;
* That I may come into close contact with other participants, including the possibility of accidental and unexpected contact;
* That my risk of injury is reduced if I follow all rules established for participation; and
* That my risk of injury increases as I become fatigued.

# I AGREE TO BE RESPONSIBLE FOR MYSELF

I am participating voluntarily in these activities, events and programs. I agree that there are risks in soccer as described above. By participating voluntarily in these events, activities and programs, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss which I might receive while participating in these events, activities and programs.

If something happens to me, I release the organizers of responsibility for any claims, demands, actions and costs which might arise out of my participation. In this Agreement I understand “organizers” to mean: Ontario Soccer, District Associations, Leagues, Clubs and their directors, officers, members, employees, volunteers, officials, participants, clubs, agents, sponsors, owners/operators of facilities and representative.

# INSURANCE

Executing this agreement may not preclude you from insurance coverage.

# I ACKNOWLEDGE MAKING THIS AGREEMENT

I have read and understood the terms and conditions of this agreement, and by signing it voluntarily, I am agreeing to abide by these terms.

Signature of Participant (if over 13) Signature of Parent/Guardian Date