



## PETERBOROUGH CITY SOCCER ACCOCIATION

### *Playing Up – Policy and Procedures*

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#### **U8 to U12 (LTPD - Physical Literacy Stages)**

The purpose of players participating in the Physical Literacy stages, up to 12 years old, should be an introduction to the enjoyment of the game in a setting where children that want to play have the opportunity to do so, in a challenging, yet fun, environment developing skills and learning to play the game. With this in mind, it is the policy of the PCSA that players must participate at their own age level, provided an age appropriate team exists, up to and including the U12 level. This should benefit even the most highly skilled players through increased safety and through their increased confidence by playing among players their own age.

Notwithstanding this policy and subject to District, League and OSA regulations, the club may grant an exception to a player with exceptional ability to register in an older age level. Exceptions are valid for only one playing season.

In order to be granted exceptional player status, the player must excel in all the following areas:

- Psychological/Mental
- Physical
- Social/Emotional
- Technical
- Tactical (U12 player wishing to play U13)

The following process shall be used:

1. The technical coach of the age group will identify the player and make a recommendation to the Director of Coaching (DOC). This should occur prior to the orientation sessions (formerly known as tryouts) that are generally held in September.
2. The DOC will meet with the coaches of both age levels and the parent(s) to inform them that the player is being evaluated for the purpose of playing up. Consent of the parent(s) is required for the evaluation to proceed.
3. The DOC will assign two technical coaches to attend training sessions for the purpose of evaluating the player using the age specific OSA evaluation form.
4. Upon completion of the evaluation the DOC along with the parent(s) will sign and date the evaluation form. The DOC will forward the recommendation to the PCSA Board of Directors.
5. Subject to approval by the PCSA Board, the club will forward the evaluation form to the District office who will sign the form and send it back to the club.
6. The DOC will meet with the technical coach, coaches and parent(s) to inform them of the outcome of the evaluation process.